

September 11th-16th		
Break		
September 17th -November 4th		
Monday	Wednesday	Friday
6:00-8:00 (4:00-6:00)	6:00-8:00 (4:00-6:00)	3:30-6:00
Times move earlier as days get shorter.		
Run / Paddle	Run / Paddle	Outrigger
November		
Monday	Wednesday	Friday
6th	8th	10th
6:00-8:00	6:15-8:00	3:30-6:00
Aquatic Center	Romper Room	Brechin Boat Ramp
Run / Swim	Rock Climbing	Outrigger
13th	15th	17th
6:00-8:00	5:00-7:00pm	3:30-6:00
Aquatic Center	Louden Park	Brechin Boat Ramp
Run / Swim	Run / Strength	Outrigger
20th	22nd	24th
6:00-8:00	6:15-8:00	3:30-6:00
Aquatic Center	Romper Room	Brechin Boat Ramp
Run / Swim	Rock Climbing	Outrigger
27th	29th	
6:00-8:00	6:00-8:00pm	
Aquatic Center	Louden Park	
Run / Swim	Run / Strength	
December		
Monday	Wednesday	Friday

4th	6th	OFF
6:00-8:00	6:15-8:00	
Aquatic Center	Romper Room	
Run / Swim	Rock Climbing	
11th	13th	OFF
6:00-8:00	6:00-8:00pm	
Aquatic Center	Louden Park	
Run / Swim	Run / Strength	
Christmas Break		
January		
Monday	Wednesday	Friday
New Years Day OFF	3rd	OFF
	6:15-8:00	
	Romper Room	
	Rock Climbing	
8th	10th	OFF
6:00-8:00	6:00-8:00pm	
Aquatic Center	Louden Park	
Run / Swim	Run / Strength	
15th	17th	OFF
6:00-8:00	6:15-8:00	
Aquatic Center	Romper Room	
Run / Swim	Rock Climbing	
22nd	24th	OFF
6:00-8:00	6:00-8:00pm	
Aquatic Center	Louden Park	
Run / Swim	Run / Strength	
29th	31st	
6:00-8:00	6:15-8:00	

Aquatic Center	Romper Room	
Run / Swim	Rock Climbing	
Feburary		
Monday	Wednesday	Friday
5th	7th	OFF
4:00-6:00	4:00-6:00	
Louden Park	Louden Park	
Run / Games	Run / Strength	
12th	14th	OFF
4:00-6:00	6:15-8:00	
Louden Park	Romper Room	
Run / Games	Rock Climbing	
19th	21st	23rd
4:00-6:00	4:00-6:00	3:30-6:00
Louden Park	Louden Park	Brechin Boat Ramp
Run / Games / Canoe	Run / Strength	Outrigger
26th	28th	25th
4:00-6:00	6:15-8:00	3:30-6:00
Louden Park	Romper Room	Brechin Boat Ramp
Run / Games / Canoe	Rock Climbing	Outrigger
March		
Monday	Wednesday	Friday
4th	6th	8th
4:00-6:00	4:00-6:00	3:30-6:00
Louden Park	Louden Park	Brechin Boat Ramp
Run / Games / Canoe	Run / Strength	Outrigger
March 11th- 15th		
Spring Break		

Spring Break

Monday	Wednesday	Friday
18th	20th	22nd
4:00-6:00	6:15-8:00	3:30-6:00
Louden Park	Romper Room	Brechin Boat Ramp
Run / Games / Canoe	Rock Climbing	Outrigger
25th	27th	29th
4:00-6:00	4:00-6:00	3:30-6:00
Louden Park	Louden Park	Brechin Boat Ramp
Kayak!	Kayak!	Outrigger
April 1st		
Spring!		